



TILAK MAHARASHTRA VIDYAPEETH (TRUST'S)

INDUTAI TILAK COLLEGE OF PHYSIOTHERAPY

LIST OF RESEARCH PUBLICATIONS

Sr No	Name of the staff	Title	Journal
1	DR. PROF. MAHENDRA SHENDE	ASSESSMENT OF QUALITY OF LIFE OF PARENTS OF CHILDREN WITH CEREBRAL PALSY	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		PREVALENCE OF NECK PAIN IN LOCAL GAMERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		THE RELATION BETWEEN AGILITY, JUMPING ABILITY AND SPORTS PERFORMANCE IN PROFESSIONAL BADMINTON PLAYERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		QUALITY OF LIFE IN FEMALES WITH PCOS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		PREVALENCE OF COGNITIVE IMPAIRMENTS IN POSTPARTUM PERIOD AMONG YOUNG ADULT FEMALES	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		AWARENESS OF PREVENTIVE MEASURES IN OSTEOARTHRITIS AMONG URBAN POPULATION IN PUNE CITY	INTERNATIONAL JOURNAL OF SCIENCE AND HEALTHCARE RESEARCH
2	DR. RIMA MUSALE (PT)	ASSESSMENT OF FLEXIBILITY AND BALANCE IN POST-MENOPAUSAL WOMEN,	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH
		AWARENESS, KNOWLEDGE, AND ATTITUDE ABOUT VIRTUAL REALITY AND AUGMENTED REALITY IN PHYSIOTHERAPY PRACTICE AMONG PHYSIOTHERAPIST,	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH

		EFFECTIVENESS OF SUB OCCIPITAL RELEASE IN CERVICOGENIC VERTIGO	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH
		PERCEPTION OF EXERCISE BENEFITS AND EXERCISE BARRIERS AMONG PRIM PAROUS WOMEN	INTERNATIONAL JOURNAL OF NOVEL RESEARCH AND DEVELOPMENT (IJNRD)
		AWRENESS OF POLYCYSTIC OVARIAN SYNDROME AND RELATED LIFESTYLE MODIFICATIONS IN YOUNG FEMALES	INTERNATIONAL JOURNAL OF ALL RESEARCH EDUCATION AND SCIENTIFIC METHOD
3	DR. GAURAI GHAROTE (PT)	PREVALENCE OF CERVICOGENIC HEADACHE IN COMPUTER USERS IN NEW NORMAL	SHODH PRABHA
		ASSESSMENT OF JUGULAR VEIN PRESSURE IN COPD PATIENTS	MAHRATTA MULTIDISCIPLINARY JOURNAL
		PREVALENCE OF OVERUSE SYNDROME OF WRIST IN FOOD DELIVERY EMPLOYEES	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH
		PREVALENCE OF INJURIES IN JUNIOR CONVENTIONAL POWERLIFTERS IN MAHARASHTRA POPULATION	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH
		EFFECTS OF CIRCUIT TRAINING ON SPORTS PERFORMANCE OF SEMI PROFESSIONAL ROLLBALL PLAYERS	INTERNATIONAL JOURNAL OF MULTIDISCIPLINARY RESEARCH
		WORK RELATED MUSCULOSKELETAL DISORDERS IN NURSES WORKING IN ICU	INTERNATIONAL JOURNAL OF YOGA, PHYSIOTHERAPY AND PHYSICAL RESEARCH
4	DR RESHMA NIPUNGE (PT)	ASSESSMENT OF RESPIRATORY MUSCLE STRENGTH IN HEALTHY YOUNG INDIVIDUALS ACCORDING TO THE CLASSIFICATION OF BODY MASS INDEX”	INTERNATIONAL JOURNAL OF CREATIVE RESEARCH AND THOUGHTS
		EFFECT OF EXPIRATORY MUSCLE STRENGTH TRAINING ON PEFR AMONG COMMUNITY DWELLING ELDERLY RURAL POPULATION: AN INTERVENTIONAL STUDY	INTERNATIONAL JOURNAL OF CREATIVE RESEARCH AND THOUGHTS
		COMPARISON OF PULMONARY FUNCTIONS IN YOUNG ADULTS WITH NORMAL VERSUS FORWARD HEAD POSTURE	VIMS JOURNAL OF PHYSICAL THERAPY
5	DR RASIKA KALUSKAR (PT)	PHYSIOTHERAPY INTERVENTIONS FOR MOTION SICKNESS: A SYSTEMATIC REVIEW	SCIENCE, ENGINEERING AND HEALTH STUDIES
		PREVALENCE OF MOTION SICKNESS IN GENERAL POPULATION,	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		IMPACT OF COVID 19 LOCKDOWN ON EXERCISE FREQUENCY OF YOUNG INDIVIDUALS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS

		AWARENESS & EMOTIONAL ASPECT OF CUPPING THERAPY IN YOUNG ADULTS	INTERNATIONAL JOURNAL OF CREATIVE RESEARCH AND THOUGHTS
		PREVALENCE OF DISABILITY DUE TO LOW BACK PAIN IN MSRTC BUS DRIVERS OF PUNE, INDIA	INTERNATIONAL JOURNAL OF HEALTH SCIENCE AND RESEARCH
	DR. AISHWARYA KANHERE (PT)	KNOWLEDGE AND FEASIBILITY OF ARTIFICIAL INTELLIGENCE:A PHYSIOTHERAPEUTIC PERSPECTIVE	JOURNAL OF EMERGING TECHNOLOGIES AND INNOVATIVE RESEARCH
		PREVALENCE OF HALLUX VALGUS DEFORMITY IN FEMALES RESIDING IN SOUTH PUNE	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		PREVALENCE OF FALLS IN ELDERLY POPULATION DUE TO EXTRINSIC FACTORS	INTERNATIONAL JOURNAL OF RESEARCH EDUCATION AND SCIENTIFIC METHODS
		THE PREVALENCE OF LATERAL EPICONDYLITIS IN NON OCCUPATIONAL SPORT BIKE RIDERS IN PUNE	INTERNATIONAL JOURNAL OF YOGA , PHYSIOTHERAPY AND PHYSICAL EDUCATION
		KNOWLEDGE, ATTITUDE AND PRACTICE REGARDING NON SURGICAL INTERVENTION AMONG KNEE OSTEOARTHRITIS PATIENTS	INTERNATIONAL JOURNAL OF NOVEL RESEARCH AND DEVELOPMENT
6	DR. ANKITA DABSHEDA (PT)	PREVALENCE OF DE-QUERVAIN'S TENOSYNOVITIS IN CARPENTERS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		COMPARATIVE STUDY OF MYOFASCIAL RELEASE VERSUS PASSIVE STRETCHING ON CALF FLEXIBILITY IN COLLEGE LEVEL AMATEUR FOOTBALL PLAYERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		THE CORRELATION AMONG SPORTS PERFORMANCE, AGILITY AND JUMPING ABILITY OF ELITE FOOTBALL PLAYERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		RETROSPECTIVE STUDY ON LOW BACK INJURIES	INTERNATIONAL JOURNAL OF ALL RESEARCH EDUCATION AND SCIENTIFIC METHODS
7	DR. ARPITA RATHOD (PT)	ADDRESSING THE CHALLENGES OF PHYSIOTHERAPY EDUCATION IN INDIA	INTERNATIONAL JOURNAL OF HEALTH SCIENCES AND RESEARCH
		INVESTIGATING MUSCULOSKELETAL ISSUES IN PHYSIOTHERAPY STUDENTS A CROSS SECTIONAL STUDY ON LOW BACK PAIN AND NECK PAIN	GLOBAL JOURNAL FOR RESEARCH ANALYSIS
		TELEHEALTH PHYSIOTHERAPY:A GAME CHANGER IN HEALTHCARE	GALORE INTERNATIONAL JOURNAL OF HEALTH SCIENCES AND RESEARCH
		ARTIFICIAL INTELLIGENCE IN ENHANCING PHYSIOTHERAPY TREATMENT: BREIF REVIEW	INTERNATIONAL JOURNAL OF SCIENCE AND HEALTHCARE RESEARCH

8	DR MANALI KULKARNI (PT)	EFFECTIVENESS OF KINESIOTAPING AND YOGA THERAPY ON ADOLESCENT GIRLS WITH PRIMARY DYSMENORRHEA.	MAHRATTA - MULTIDISCIPLINARY JOURNAL
		IMPACT OF STRUCTURED TREATMENT PROTOCOL WITH ELECTROTHERAPY ON PUBIC SYMPHYSIS PAIN IN THIRD TRIMESTER OF PREGNANCY: A CASE REPORT	MAHRATTA - MULTIDISCIPLINARY JOURNAL
		PREVALENCE OF CYCLIC MASTALGIA IN YOUNG COLLEGE GOING GIRLS	MAHRATTA - MULTIDISCIPLINARY JOURNAL
9	DR SHIKHA PAASI (PT)	EFFECT OF HEMIBRIDGE WITH BALL AND BALLOON EXERCISE ON BALANCE, GAIT SPEED, FEAR OF FALL, AND QUALITY OF LIFE IN ELDERLY – A RANDOMIZED CONTROLLED TRIAL .	INDIAN JOURNAL OF PHYSICAL THERAPY AND RESEARCH
		EFFECT OF MAT PILATES AND HEMI-BRIDGE WITH BALL AND BALLOON EXERCISE ON CHRONIC NON-SPECIFIC LOW BACK PAIN IN YOUNG INDIAN ADULTS	MAHRATTA - MULTIDISCIPLINARY JOURNAL
		PREVALENCE OF PAIN AND MUSCULOSKELETAL DISORDER IN VEGETABLE VENDORS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
10	DR NEERAJA DESHMUKH (PT)	PREVALENCE OF COGNITIVE IMPAIRMENTS IN POSTPARTUM PERIOD AMONG YOUNG ADULT FEMALES	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		PREVALENCE OF NECK PAIN IN LOCAL GAMERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
11	DR PRIYAMWADA HINGE (PT)	INFLUENCE OF PHYSIOTHERAPY ON NON-COMMUNICABLE DISEASES	INTERNATIONAL JOURNAL OF RESEARCH AND REVIEW
		PROPORTION OF OBESITY AND HIGH BLOOD PRESSURE IN COLLEGE STUDENTS AND ITS CORRELATION WITH DIET	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS (IJRAR)
		PREVALENCE OF RESTLESS LEG SYNDROME IN SCHOOL GOING STUDENTS AND ASSESSMENT OF FATIGUE	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH (IJFMR)

12	DR BHAGYASHRI SONAWADEKAR (PT)	PREVALENCE OF SCAPULAR DYSKINESIA IN CRICKET BOWLERS	INTERNATIONAL JOURNAL FOR MULTIDISCIPLINARY RESEARCH
		EFFECT OF HIGH INTENSITY RESISTENCE TRAINING ON BLOOD GLUCOSE LEVEL IN PEDIATRICS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		EFFECT OF RESISTANCE TRAINING ON BLOOD GLUCOSE LEVEL IN PREDIABETICS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
13	DR SHREYA DESHAK (PT)	EFFECT OF AEROBIC TRAINING WITH INSPIRATORY MUSCLE STRENGTH TRAINING ON AGILITY IN DISTRICT LEVEL FOOTBALL PLAYERS	INTERNATIONAL JOURNAL DENTAL AND MEDICAL SCIENCE RESEARCH
		ASSOCIATION OF INSPIRATORY MUSCLE STRENGTH WITH SPORTS PERFORMANCE IN FOOTBALL PLAYERS	JOURNAL OF MEDICAL SCIENCE AND CLINICAL RESEARCH
		EVALUATION OF LOW BACK PAIN AND DISABILITY IN ROCK CLIMBERS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
14	DR PRATI KSHA KULKARNI (PT)	EFFECTS OF YOGA THERAPY ON ADOLESCENT GIRLS WITH PRIMARY DYSMENORRHEA	INTERNATIONAL JOURNAL OF SCIENCE AND RESEARCH
		PREVALENCE OF MOTION SICKNESS IN GENERAL POPULATION	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
		PREVALENCE OF PATELLOFEMORAL PAIN SYNDROME IN HIGH SCHOOL STUDENTS	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS
15	DR KARTIKI BHILLARE (PT)	PREVALENCE OF CERVICOGENIC HEADACHE IN COMPUTER USERS – A NEW NORMAL	SHODHA PRABHA
		ASSESSMENT OF JUGULAR VEIN PRESSURE IN COPD PATIENTS	MAHRATTA - MULTIDISCIPLINARY JOURNAL
16	DR YOGESH PATIL (PT)	EFFECTIVENESS OF 2 WEEKS QIGONG EXERCISE THERAPY VS CONVENTIONAL PHYSIOTHERAPY MANAGEMENT IN POST SURGICAL BREAST CANCER SURVIVORS: A RANDOMIZED CLINICAL TRIAL	JOURNAL OF MEDICAL SCIENCE AND CLINICAL RESEARCH
		EFFECTIVENESS OF VOODOO FLOSS BAND VERSUS CREPE BANDAGE IN SUBJECTS WITH POST OPERATIVE LOWER LIMB PEDAL EDEMA: A RANDOMIZED CLINICAL TRIAL	INTERNATIONAL JOURNAL OF CURRENT ADVANCED RESEARCH
17	DR MANASI DESHPANDE (PT)	EFFECT OF BRAIN GYM EXERCISES ON BALANCE AND RISK OF FALL IN PATIENTS WITH DIABETIC NEUROPATHY	INTERNATIONAL JOURNAL OF SCIENCE AND HEALTHCARE RESEARCH
18	DR SAKSHI PANDIT (PT)	REBOUND EXERCISES IN REHABILITATION: A SCOPING REVIEW	CUREUS

